

General Information for Spiritual Retreat

Recreation unlimited is requiring Liability Waivers to be filled out. They will be sent home Monday, September 18th and are due back to homeroom teachers by Friday, September 22rd.

9-12th grade students are invited to an extra evening of fun and fellowship. High students may stay Thursday night until Friday morning at 8am. Permission slips will be sent home to high school students Monday, September 18th. Additionally, they will be posted to Sycamore and our school website. Please return the forms by Friday, September 22rd. Thursday evening activities will include: a movie, games, open gym, Euchre tournaments, spoons tournaments, dinner, pizza, and a campfire at the outdoor pavilion. While Thursday night attendance isn't mandatory, if their permission form indicates they are spending the night, they must remain on property and will not be permitted to leave.

All secondary students need to arrive at Recreation Unlimited between 8:15 and 8:45 Wednesday morning. Middle school students will not be spending the night at the camp and will depart at 6pm Wednesday evening (Dinner will be provided for them). Thursday morning middle school students should check into the Life Center between 8:15 and 8:45.

Middle school students must be picked up at the camp by 4 pm on Thursday afternoon. Some classes are arranging carpooling options so check with the homeroom teachers if you have a question on rides.

All students should eat before arriving Wednesday morning. Lunch and dinner will be provided on Wednesday for all students. On Thursday, high school students will be fed breakfast, lunch, and dinner; middle school will only be fed lunch. Snacks will be available during free times and there will be S'mores at the campfire. If your child has special dietary needs, please email Jeff Lowe at jeff.lowe@dcschool.org.

There will be a talent show. Any students (6-12) interested in performing should see Emily Parrish to sign up. Registration cards are due back to them by Monday, September 25th. A schedule will be posted at retreat. Students were told to check with Mrs. Felder for their music needs.

There are three "formal" tournaments: Soccer, Volleyball, and Basketball. High school teams wanting to participate need to designate a captain. Captains should see Anna Fuller to sign up. Registration cards are due back to them by Monday, September 25. Middle school students will sign up individually in homeroom; we will assign the teams. Team rosters will be posted in the hallways Tuesday, September 26th. Brackets will be posted **AT** the retreat Thursday.

Each student is responsible for bringing in their assigned snack to homeroom by Monday, September 25th. Please ask your student what they are responsible for; assignments will be given out in homerooms the week of September 18th. Snack lists will also be posted to Sycamore and our school website.

Packing List for Spiritual Retreat 6-8 Grade

The most important things you need to bring are warm, casual clothes, that you don't mind getting dirty and comfortable shoes! Check the weather report. Layering is always a good idea. Middle School students may want to bring a cinch bag to keep extra items in. Please make sure your student's items are labeled. Bags may be left in the game room (unsupervised).

Below is a list of suggested items to pack:

- | | |
|---|--|
| <input type="checkbox"/> No open-toed shoes | <input type="checkbox"/> Rain gear (if needed) |
| <input type="checkbox"/> Bible, pen, paper | <input type="checkbox"/> **Medications |
| <input type="checkbox"/> Coat, hat, gloves, scarf (if needed) | |

*Students are cautioned to bring electronics, expensive accessories, and cell phones. We will be collecting any and all electronic devices that are brought at the beginning of each day of the retreat. They will receive the devices back before going home for the day. It may be easier if your student does not bring any electronic device.

**Students who take daily medication need to bring it, clearly labeled in a Ziploc bag, to Ms. Walter. Include any specific instructions that are needed as well as times the medication needs to be taken.

Packing List for Spiritual Retreat 9-12 Grade

The most important things you need to bring are warm, casual clothes, that you don't mind getting dirty and comfortable shoes! Check the weather report. Layering is always a good idea.

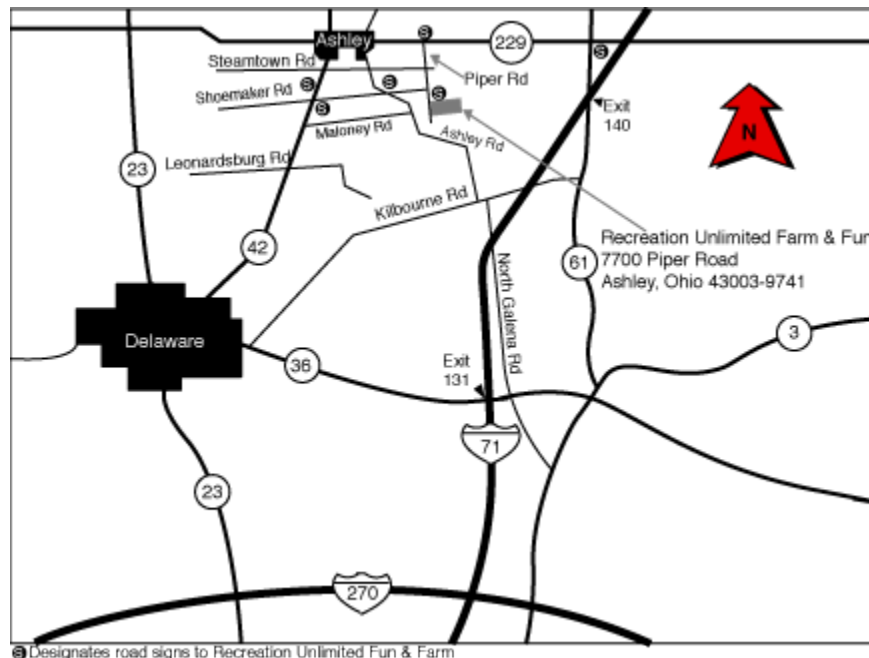
Below is a list of suggested items to pack:

- | | |
|---|--|
| <input type="checkbox"/> Sleeping bag and blankets | <input type="checkbox"/> Pillow |
| <input type="checkbox"/> Bath towel, washcloth | <input type="checkbox"/> Pajamas |
| <input type="checkbox"/> Socks (lots in case it's wet or cold) | <input type="checkbox"/> Coat, hat, gloves, scarf |
| <input type="checkbox"/> Couple pairs of shoes – no open-toed shoes | <input type="checkbox"/> Toiletry items (deodorant-LOTS) |
| <input type="checkbox"/> Bible, pen, paper | <input type="checkbox"/> Rain gear (if needed) |
| <input type="checkbox"/> **Medications | |
| <input type="checkbox"/> Couple changes of clothes; bring one outfit that WILL GET DIRTY and one outfit that WILL GET WET. We are playing a few water games and students are bound to get soaked! | |

*Students are cautioned to bring electronics, expensive accessories, and cell phones. We will be collecting any and all electronic devices that are brought at the beginning of the retreat. They will receive the devices back at dinner each day. At the end of dinner they will be collected. It may be easier if your student does not bring any electronic device(s).

**Students who take daily medication need to bring it, clearly labeled in a Ziploc bag, to Ms. Walter. Include any specific instructions that are needed as well as times the medication needs to be taken.

Centrally Located in Ohio Directions to the Recreation Unlimited Campus



7700 Piper Rd., Ashley, OH, 43003

Telephone: (740) 548-7006 Fax: (740) 747-2640 TDD (740) 747-3139

From Columbus or Cincinnati (71 North)

Travel north on U.S. Route 71. Turn left on State Route 61 (Exit 140 west / Mt. Gilead / Cardington). Travel approximately two miles and turn left on State Route 229. Travel approximately seven miles and you will see a Recreation Unlimited directional sign on the right side of State Route 229 at Piper Rd., turn left. Follow Piper Road through two stop signs, and then follow the directional signs to the campus' main entrance.

From Cleveland (71 South)

Travel south on U.S. Route 71. Turn right on State Route 61 (Exit 140 west / Mt. Gilead / Cardington) Travel approximately two miles and turn left on State Route 229. Travel approximately seven miles and you will see a Recreation Unlimited directional sign on the right side of State Route 229 at Piper Rd., turn left. Follow Piper Road through two stop signs, and then follow the directional signs to the campus' main entrance.

From Toledo/Marion (23 South)

Travel south on U.S. Route 23. Turn left on State Route 229, the first traffic light after the Waldo exit. Travel east through the Village of Ashley. Approximately one-half mile outside of Ashley you will see a directional sign on the right side of State Route 229 before Piper Road. Turn Right on Piper Road. Follow Piper Road through two stop signs, and then follow the directional signs to the campus' main entrance.

From Delaware (42 North)

Travel north on State Route 42. Approximately eight miles north of Delaware, turn right at Shoemaker Road; you will see a directional sign on the right side of State Route 42. Follow Shoemaker Road through one stop sign and to the dead end at Piper Road. Turn right on Piper Road then follow the directional signs to the campus' main entrance.